

Press Release

Learn to Sail

By Tim Hore

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Available in paperback and as an e-book

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Discover the simplest way to start sailing!

Learn to Sail uses hundreds of colour photos and clear instruction to teach you how to sail with the minimum of fuss. Step-by-step advice takes you through everything you need to know to get afloat and start having fun. There is even access to free online videos to show you how it's done.

Learn to Sail is a jargon-free book, allowing complete novices to get out on the water. As well as explaining the theory and practice of sailing, there's advice on safety, rigging, launching, recovery and capsize recovery.

One and two-person dinghies are covered and there are even tips on flying simple asymmetrics. The basic structure of national dinghy sailing courses is followed, though the emphasis is on keeping it simple and ensuring everyone has fun.

Follow the links inside to access free online video demonstrations that show you how to put the theory into practice. Read the video-enhanced e-book on a suitable tablet and watch the videos within the book.



LEARN TO SAIL
THE SIMPLEST WAY TO START SAILING



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Author Tim Hore has been sailing all his life and is an experienced dinghy sailor and offshore yachtsman. He is a qualified Royal Yachting Association dinghy instructor and creator off the sailing video instruction site www.sailaboat.tv

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